

Top 10 Education Resources for Medical Fitness Professionals



Check out these quick links from the [National Swimming Pool Foundation \(www.nspf.org\)](http://www.nspf.org) that will help you understand how to protect yourself and your clients.

1. [Pool Operator Primer](#) teaches you the basics so that you can reduce liability for the facility and protect your customers
2. [Certified Pool/Spa Operator® Certification](#) is the most widely accepted program by local and state authorities. Eligible for IACET CEUs
3. [NSPF® Pool & Spa Operator™ Handbook](#) is updated annually, providing the answers at your fingertips at all times for most current information on operations, chemistry, water quality, risk reduction, regulations and calculations.

[The NSPF® Aquatic Management Series](#)- Medical Fitness facilities must keep their facility, employees and patrons safe to stay financially viable. The Aquatic Management Series covers vital training topics for every facility. These convenient online courses can be taken anytime, anywhere. Each is an interactive online module that includes a handbook. Successful completion of each course earns a Record of Completion and CEUs.



4. [Volume 1: Aquatic Risk Management](#) To help you through the process of reducing injury and liability risk in and around facilities.
5. [Volume 2: Emergency Response Planning](#) A useful guide to help responders prepare for emergencies, protect the facility, and save lives.
6. [Volume 3: Aquatic Facility Audits](#) An integral component to the risk management plan. Properly conducting an audit requires a clear understanding of the purpose and process, how to avoid accidents and injury by identifying potential hazards.
7. [Certified Pool/Spa Inspector™ Online Training Program](#) Pool management and operators are learn what inspectors examine on a pool inspection to keep the facility safe. Includes handbook.
8. [Pool Math™ Workbook](#). Focused solely on making swimming pool and spa calculations simpler and easier. Includes sample calculations, conversions, problems and solutions in an easy to follow resource guide.
9. [World Aquatic Health™ Conference](#) attracts leaders from around the world to network with and learn from well-respected researchers and speakers. Each year over 40 presenters share the latest information to help you carry out our joint mission of preventing injury, illness and drowning, and getting more people in the water. Topic areas include Recreational Water Illness (RWI) Prevention, Health Benefits, Facility Programming & Management, Disinfection By-Products (DPBs), New Industrial Technology, Drowning Prevention & Risk Reduction. Seminars available online following the conference.
10. [International Journal of Aquatic Research and Education \(IJARE\)](#) ensures easy access to original research in aquatics, experiential reports, clinical and observational studies, literature reviews, and much more. IJARE is a quarterly, peer-review journal, available in print and electronic format.