



**For Immediate Release**

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**American Physical Therapy Association  
Aquatic Section Summit  
Partners with 2010 World Aquatic Health™ Conference**

**Colorado Springs, CO/March 8, 2010**

The Aquatic Physical Therapy Section of the American Physical Therapy Association (APTA) will hold its Summit in conjunction with the 2010 World Aquatic Health™ Conference (WAHC™) scheduled October 6-8, at the Antlers Hilton Hotel located in downtown Colorado Springs, Colorado. The WAHC is sponsored by the National Swimming Pool Foundation® (NSPF®).

The collaboration brings together two leading organizations who spotlight the unique properties of the aquatic environment to enhance health.

“We are excited to be collaborating with the NSPF on the World Aquatic Health Conference to help us elevate the practice and acceptance of aquatic physical therapy and to learn from leading researchers,” says Sharon H. Kneebone, IOM, CAE, Acting Executive Officer Aquatic Physical Therapy Section, APTA. “The WAHC has great appeal because it also presents leading experts on many illness and injury prevention topics that our members are interested in learning more about,” adds Bess Maxwell, Ph.D., PT the President of the APTA Aquatic Section.

This year’s WAHC Health Benefit education track will offer nine seminars that share the latest research findings from leading physicians and scientists over two days. They will reveal new science that demonstrates why immersion and activity in the aquatic environment benefits mankind. Pools and spas are ideal environments to reverse negative health trends and to help the vastly increasing aging and sedentary population. There are currently more than 3.8 million people in the United States older than 85. That figure is expected to grow to 9 million by year 2030 and 19 million by the year 2050.

“Aquatic environments will play a growing role in preserving and improving health,” observes Thomas M. Lachocki, Ph.D., CEO of NSPF. “Partnering with a leading organization like the Aquatic Physical Therapy Section is the next step up the ladder to lead society back to the water by building a critical mass of researchers, leaders, professionals, and science.”

Healthier Lives through Aquatic Education and Research™  
4775 Granby Circle, Colorado Springs, CO 80919-3131



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### More about the conference

Conference sessions will include seminars that focus on aquatic health benefits, recreational water illness prevention, risk management, reducing drowning and injury, future facility designs and regulations, new industrial technologies, and more. As conference details are available, they will be found at [www.nspf.org](http://www.nspf.org) or by contacting NSPF by phone at 719-540-9119. Early bird discounts for in-person attendance and/or the virtual web option are now offered. Sponsorship opportunities are now posted. An NSPF instructor course and several leadership meetings will be held just prior to the WAHC.

Attendees can fly directly into the Colorado Springs airport, just 11 miles from the hotel. NSPF has negotiated a discounted group rate of only \$139 per night plus taxes. Parking is free for those staying at the hotel in the WAHC room block. Conference attendees can bring family or friends and stay for the weekend in beautiful Colorado. The Antlers Hilton has extended the special rates through the weekend. Details on how to reserve a room will be found at [www.nspf.org](http://www.nspf.org).

Colorado Springs offers world class scenic splendor. Local attractions include Pikes Peak Cog Railway, Garden of the Gods, Florissant Fossil Bed National Monument, the U.S. Air Force Academy, the Olympic Training Center, Manitou Springs, Cave of the Winds, and others. Day trips to the Great Sand Dunes National Park or the Rocky Mountain National Park are possible.

### About the Aquatic Physical Therapy Section, APTA

The Aquatic Physical Therapy Section, representing more than 1,000 members, is a component of the American Physical Therapy Association, which represents more than 74,000 members. The section's mission is to develop, promote, and advocate for evidence based aquatic physical therapy as an effective intervention to enhance movement.

Visit [www.aquaticpt.org](http://www.aquaticpt.org).

### About the World Aquatic Health™ Conference

This is the only event that brings together researchers, government officials, the aquatics sector, and influencers to impact more lives in a positive way through aquatics. The sixth annual 2009 World Aquatic Health™ Conference (WAHC™) held in Atlanta, Georgia, drew 292 registrations from 40 states and 5 countries, participating in 43 seminars. Of the registrants who attended, 45% were high-level decision makers including CEO, president, vice president, owner, and director. NSPF reports the seminars are now available to view on-demand at [www.eProAcademy.org](http://www.eProAcademy.org).

### About NSPF®

The National Swimming Pool Foundation® (NSPF®) is a non-profit organization founded in 1965, giving back \$4 million of all revenue in the past five years to fund grants to prevent illness, injury, and drowning, and to demonstrate the benefits of aquatic activity. NSPF's commitment to spurring health benefit research includes a \$1 million grant to help fund the National Aquatic and Sports Medicine Institute at Washington State University. The Foundation works towards its mission to encourage healthier living through aquatic education and research with its collection of educational products and training.

Visit [www.nspf.org](http://www.nspf.org) and [www.eProAcademy.org](http://www.eProAcademy.org) for more information.

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