



NEWS BRIEF

August 1983

CONFERENCE PREVIEW - 1984

Planning is well under way for the 1984 conference in Ft. Worth, Texas. The conference, OPPORTUNITIES in AQUATICS, will be held November 8-11, 1984, at the Ft. Worth Hilton, in the Dallas-Ft. Worth Metroplex. Workshop topics include:

Careers in Aquatics -Chairman Dr. Robert Clayton.

This workshop will focus on areas of aquatics which provide career potential, and will give guidance to students and young professionals. Some interaction with other workshops is planned, to deal specifically with areas being presented at the conference.

Pre-school Aquatics - Chairman Dr. Stephen Langendorfer

This workshop will deal with child development issues, and acceptable methodology in aquatic programs for all pre-schoolers. New CNCA guidelines for aquatics for "under 3 years" will be available, and material contributed to this workshop will be considered for CNCA publication.

Scuba - Chairman, Robert Smith

This workshop will be dealing primarily with Adapted Scuba. Material under development will be reviewed, and equipment adaptations discussed and displayed. Disabled divers and consultants will be available as resource people throughout the conference. If time permits, ANSI standards will be addressed.

Competitive Aquatics-Chairman, Tod Turriff

This workshop will present basic coaching information for new coaches, and deal with many issues relative to aquatic competition. The new YMCA course "Basic Coaching" will be offered in a 2-day clinic prior to the conference, with selected segments also offered during this workshop.

Emergency Management in Aquatics - Chairman, John Fleming

Handling aquatic accidents, training in emergency management, and high risk sports management will be parts of this workshop. Many types of activities, their potential for problems and methods of handling will be considered.

Teaching Techniques in Aquatics - Chairman, Bill Miller

This workshop will explore and present many teaching techniques and methodologies. Expert teachers will be sharing their ideas relative to various branches of aquatics.

Conference brochures and registration forms will be mailed to members in early '84, but you can help by beginning conference promotion now, and by planning NOW to attend OPPORTUNITIES in AQUATICS. Mark your calendars: Ft. Worth, Texas, November 8-11, 1984.

CNCA Office Move

In December of 1982, the CNCA office moved to Evansville, Indiana. The new address is:

CNCA
P. O. Box 4724
Evansville, IN 47711

An International Conference - 1987

There will be an international conference on physical activity for disabled persons in Brisbane, Australia, June 1987. Start saving your pennies now: we'll send more information when it is available.

Apologies: No Spring News Brief

Our apologies for the absence of a spring edition of News Brief. We will make every effort for that not to happen again. This current News Brief will be short, and is an effort to bridge the gap until fall.

IUP Hosting Conferences

The campus of Indiana University of Pennsylvania will be even busier than usual in August this year. They will be hosting a national YMCA conference August 12-14, and the first of the Red Cross Lifeguarding training workshops August 15-19. In June, IUP hosted (for the 10th year) an AAHPERD institute in combination with a Red Cross Aquatic and First Aid school. These are all fine instances of agency interaction and aquatic education. Our congratulations to CNCA member IUP!

EXEC. "DOWN UNDER"

In June, Executive Director, Louise Priest went to Australia and New Zealand. In her time "down under", she spoke in 8 cities in two countries, met with more than 1,000 aquatic professionals and volunteers, did 5 TV shows, 6 radio interviews, and 12 newspaper interviews. Discussions in Australia were primarily about Pre-school Aquatics; in New Zealand about Aquatics for the Disabled. Aquatic people in both countries were gracious, interested in exchanging ideas, hungry for information, and eager to be hospitable to a guest in their country.

ADAPTED SCUBA

CNCA has been working with member agencies and interested others in the initial stages of development of an Adapted Scuba program. Activities have included practical experience, discussion groups, meetings, and material development. Contacts and materials will be helpful in building a viable workshop at our 1984 conference.

Request for Information

If you know of meetings or conferences which should be mentioned in our fall newsletter, please send information regarding them to Louise Priest at CNCA headquarters. News Brief should rightly be used to inform members of such meetings

Proceedings: Aquatics Now!

Proceedings of the 1982 conference in Columbus, Ohio should be available soon. If you attended AQUATICS NOW, a copy of the proceedings will be automatically mailed to you as soon as they are available.

Membership Renewals

One of the ramifications of our office move and staff time reduction was that membership renewal notices did not get mailed. A membership renewal request form is enclosed. CNCA yearly dues are \$25.00 for individuals; \$50.00 for local agency affiliates. Membership benefits include 20% reduction on all publications, newsletters, decal, membership card, and reduction on conference fees.

Your support of CNCA is appreciated, and we hope to enhance the quality and quantity of benefits to members. One good benefit is information sharing, so please, when you send your membership, send also some information for our fall newsletter!

Aquatics for "Under 3's"

The CNCA Board of Directors is currently considering guidelines for aquatics programs for children under 3 years of age. The guidelines as being considered deal with medical issues, parent education, and methodology, and are consistent with guidelines currently in use in YMCA's throughout the country. The Board will make a decision on these guidelines in their meeting in November 1983.

Two of the medical concerns in this area are the possibilities of parasitic giardiasis and water intoxication. Since these were issues dealt with in Australia and New Zealand (by Exec. Louise Priest), we are including excerpts from the presentations there, for your information.

Giardiasis

The giardia parasite, transmitted by feces, is an organism causing extreme chronic diarrhea. There is no simple bacteriological test for identifying the organism in pool water. The organism is not affected by chlorine, and the treatment (massive penicillin is currently used) may be very rough on the body. Studies done in the State of Washington,

on our west coast, link the parasite to swimming pools having high use by children not toilet-trained, with a high rate of infection of all users. Because of this problem, Dr. Eric Mood of Yale University School of Medicine, advises that pools with high use by non-toilet trained children should "dump" their water frequently. That, of course, gets to be an expensive proposition indeed. Concern over parasitic giardia may be one of the stronger motivations in limitation of aquatic activities to those children who are toilet trained. (However, Dr. Mood agrees that the guidelines as proposed and being considered give adequate guidance re this problem.)

Water Intoxication

Some physicians of late have become concerned regarding the possibility of water intoxication. This condition of electrolyte imbalance has been induced in infants fed excessive amounts of sugar-water, but has not until recently been correlated with swimming programs. Water intoxication is a condition long recognized by the medical profession as a problem associated with over-feeding of sugar-water to infants. According to Dr. John Edmunds of the Sick Childrens Hospital in Toronto, it takes 18 to 24 hours of feeding a baby sugar-water to sufficiently lower the electrolyte, sodium and potassium content of the body so that the child convulses and becomes unconscious. Recently, two cases of water intoxication have been reported in the literature, (one in Toronto and one in New Orleans) in which the children in question were admitted to the hospital after being in a swimming program. Although several factors are involved, it has been calculated that ingestion of 100 millimeters for every kilogram of body weight is potentially dangerous. While this doesn't sound like much water, and I quote Dr. Edmunds, "...if you take a five kilo child, who perhaps is six months old, and he drinks a pint of water, theoretically he is going to be in trouble"..end quote. While the reported incidence of this is rare, it is a possibility of which we should all be aware. It certainly is of concern in those programs which forcefully submerge infants.

CNCA MEMBERSHIP RENEWAL

DUE DATE _____

NAME _____

ADDRESS _____

STUDENT	_____	\$10.00	ORGANIZATION	_____	\$ 50.00
INDIVIDUAL	_____	\$25.00	SUSTAINING	_____	\$100.00
LOCAL AFFILIATE	_____	\$50.00			

Dues are for calendar year. Dues paid after September 1 renew through following year.

Please detach & return with your remittance.



Council for National Cooperation in Aquatics
NATIONAL HEADQUARTERS

Louise Priest, Executive Director
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